

Building Everyday English Vocabulary

- A practical path to words you can use today
- Everyday vocabulary unlocks real conversations and confidence
- Core learning loop: notice, record, review, and use
- Leave with a personal system, weekly goals, and a two-week plan





Why Everyday Words Are the Best Starting Point

- The top 1,000 words cover roughly 80% of everyday spoken English
- About 2,500–3,000 words provide 90% coverage
- Useful beats impressive: get, make, go, take, have
- Confidence grows from small wins



Small wins: ordering food, asking directions, making small talk



Word Groups That Power Daily Conversations



Focus on high-frequency categories: home, work, shopping, food, health, and travel



Learn related words together: kitchen items, appointment language, transport terms



Build common word partners: make an appointment, catch a bus, pay the bill



Create a personal list of word families tied to real life

HOME



WORK



FOOD

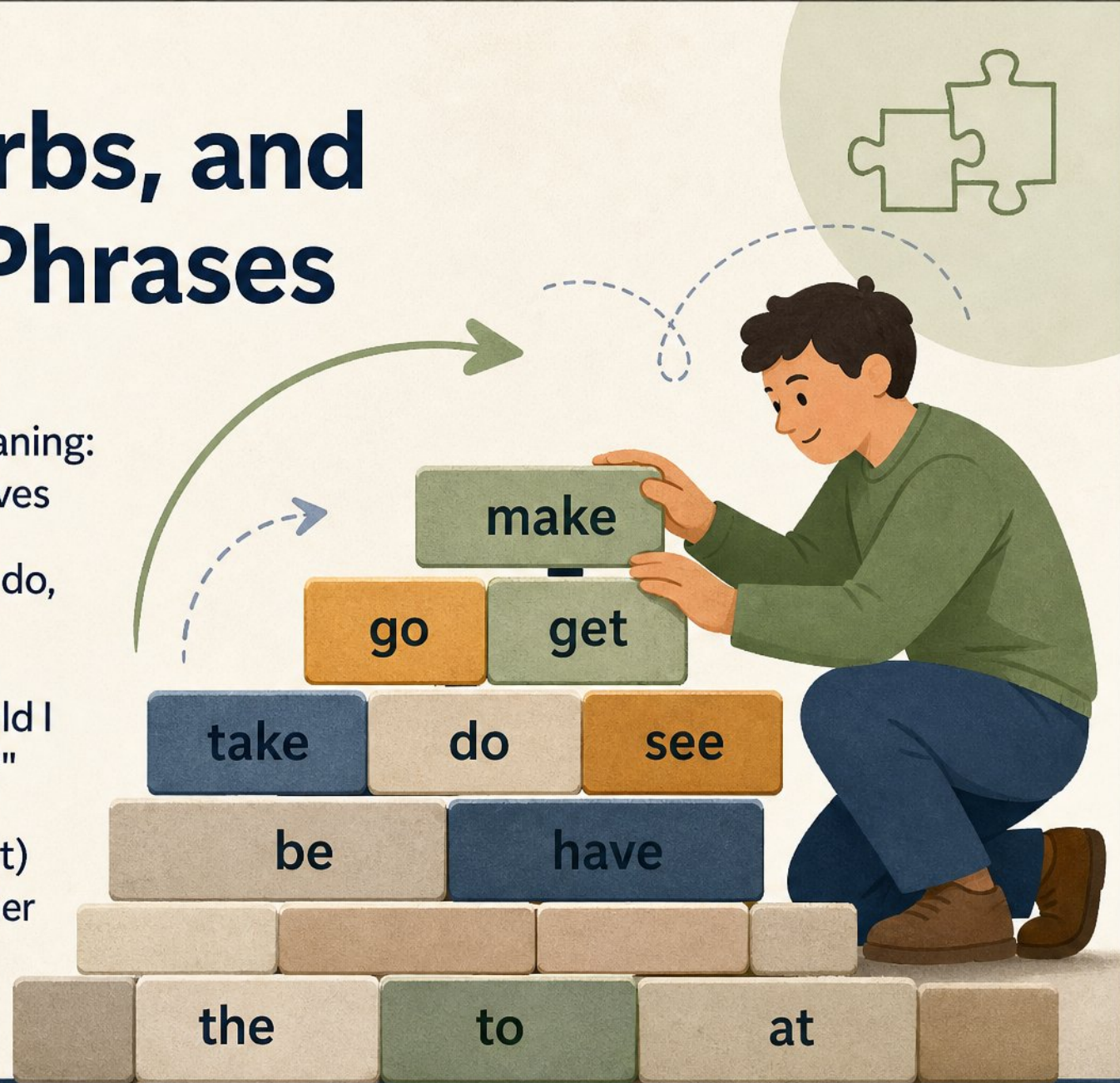


TRAVEL



Nouns, Verbs, and Everyday Phrases

- Content words carry meaning: nouns, verbs, and adjectives
- High-use verbs: be, have, do, go, get, make, take, see
- Polite fixed phrases: "Could I have...?" "How much is...?"
- Function words (the, to, at) glue content words together





Finding New Words in Real Life



- Look around: signs, menus, messages, and social media



- Repeated words and phrases are usually important ones



- Guess meaning from context before opening a dictionary



- Capture new words right away in a notebook or phone note



Recording Words So They Are Ready to Review



- Keep a simple notebook: organize by topic, phrase, or situation



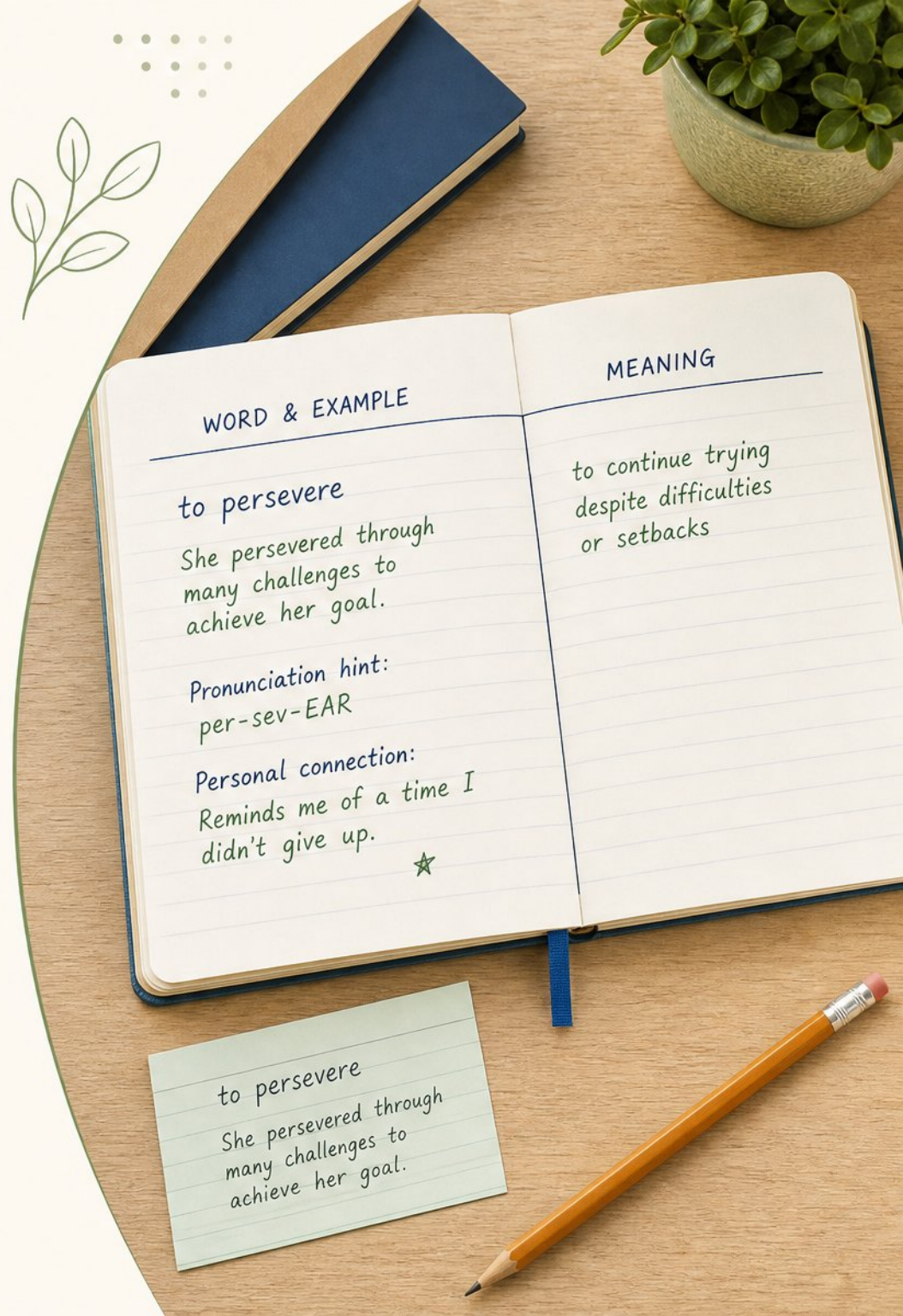
- Record words as phrases or short sentences, not dictionary entries



- Add meaning, example, pronunciation hint, personal connection



- Use self-test formats: word and example on one side, meaning on the other





Remembering Words with Spaced Repetition and Pictures



- Review after 1 day, then 3 days, then 1 week, then 2 weeks



- Test yourself before re-reading the meaning



- Link words to pictures, actions, or memories



- Keep review short: 5–15 minutes daily





Using New Words in Real Settings



- Create short, personal sentences: “I take the bus to work.”



- Practice daily tasks: ordering food or asking for directions



- Role-play with a partner or a voice recorder



- Mistakes are feedback: communicate first, refine later





Handling Unknown Words and Common Mix-Ups



Confusing

~~I don't know.~~

~~"What's this?"~~

~~"It's that... thing."~~

~~lose / loose, there / their / they're,
make / do~~

~~(look it up)~~



Clear



- Learn to say: "Sorry, could you repeat that?"



- Ask "How do you say...?" and "What does... mean?"



- Describe unknown words: "the thing to open a door"



- Watch for mix-ups: lose/loose, there/their/they're, make/do



- Check a learner dictionary, then use the word in your own sentence





Building a Realistic Weekly Word-Learning Routine



- ✓ Target 10–25 new words per week, not 50
- ✓ Learn 4 words a day, Monday to Friday
- ✓ Meet, record, review, and use every word
- ✓ Saturdays: full review and speaking practice
- ✓ Sundays: rest or a light review



Short Practice Sessions That Fit a Busy Day

- 15-20 minute daily routine covers listening, review, speaking, and writing
- Five focused minutes of retrieval beats one long weekly session
- Use small moments: commute time, waiting time, lunch breaks
- Keep a "bad-day" version: even two minutes of review maintains the habit



Digital Tools and Free Resources



- Keep it simple: pick two or three core tools and avoid app overload.



- Anki is a powerful, free spaced-repetition system, though it has a learning curve.



- penguin.io offers curated decks with native-language support and a fully free core.



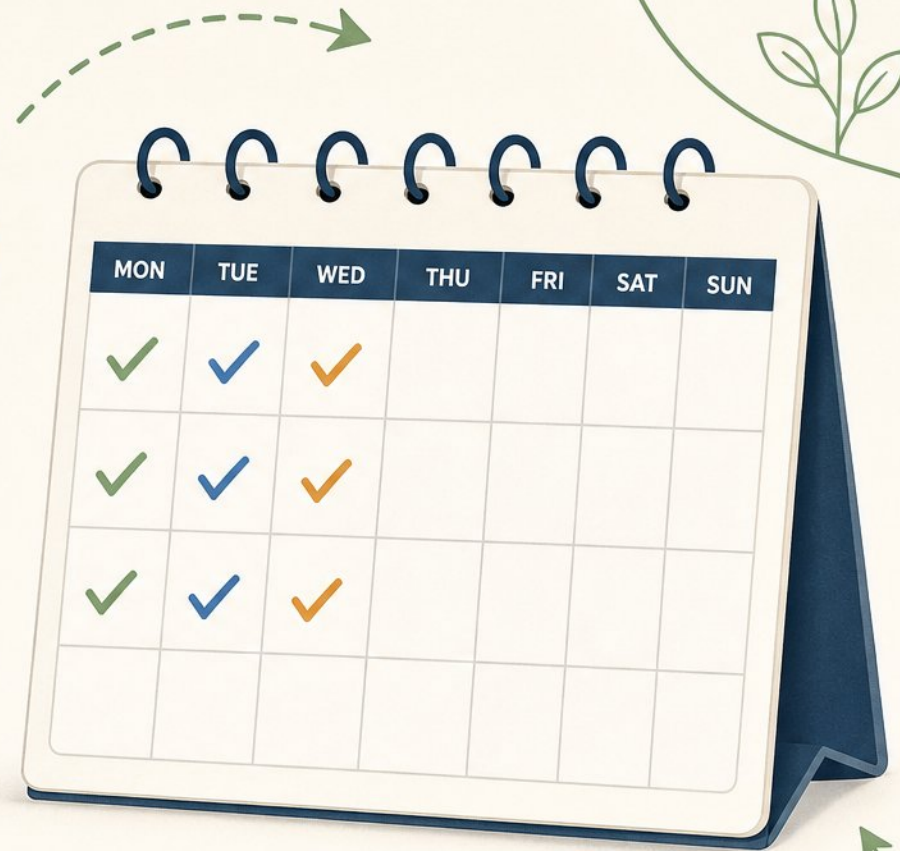
- Dictionary apps with audio and example sentences make reliable companions.



- Match resources to your level and goals: graded readers, short videos, and podcasts.



Tracking Progress Without Overwhelm



- Track three weekly signals: words studied, recalled, and used in sentences.



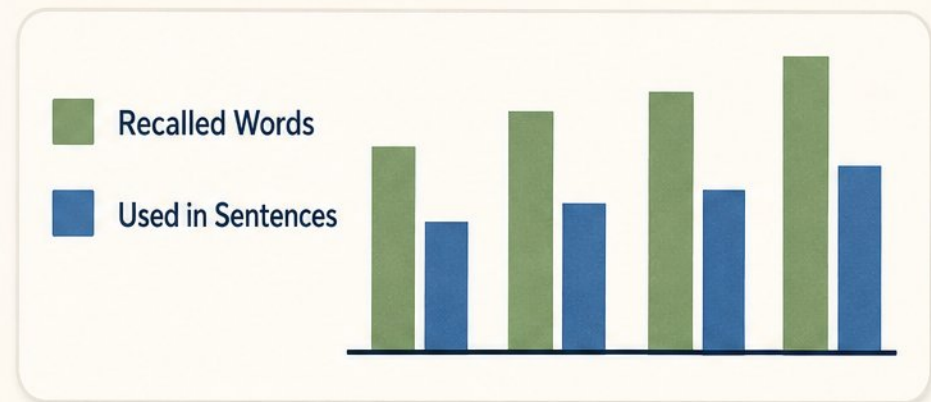
- Use a simple record: notebook, calendar marks, or app streak.



- Notice the gap between recognizing and using a word.



- Review past words regularly to prevent silent forgetting.



Personal Action Plan and Next Steps



- Review the core method: notice, record, review, and use



- Choose the three highest-priority vocabulary topics for your life



- Set a realistic two-week goal: 20–40 new everyday words with daily review



- Create a personal practice checklist



- Schedule your first review session within 24 hours



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