

Weather Systems and Patterns:

Why Your Local Forecast Makes Sense



- Weather is the short-term state of the atmosphere we experience daily, distinct from long-term climate.



- Uneven solar heating creates temperature and pressure differences that drive all wind and weather.



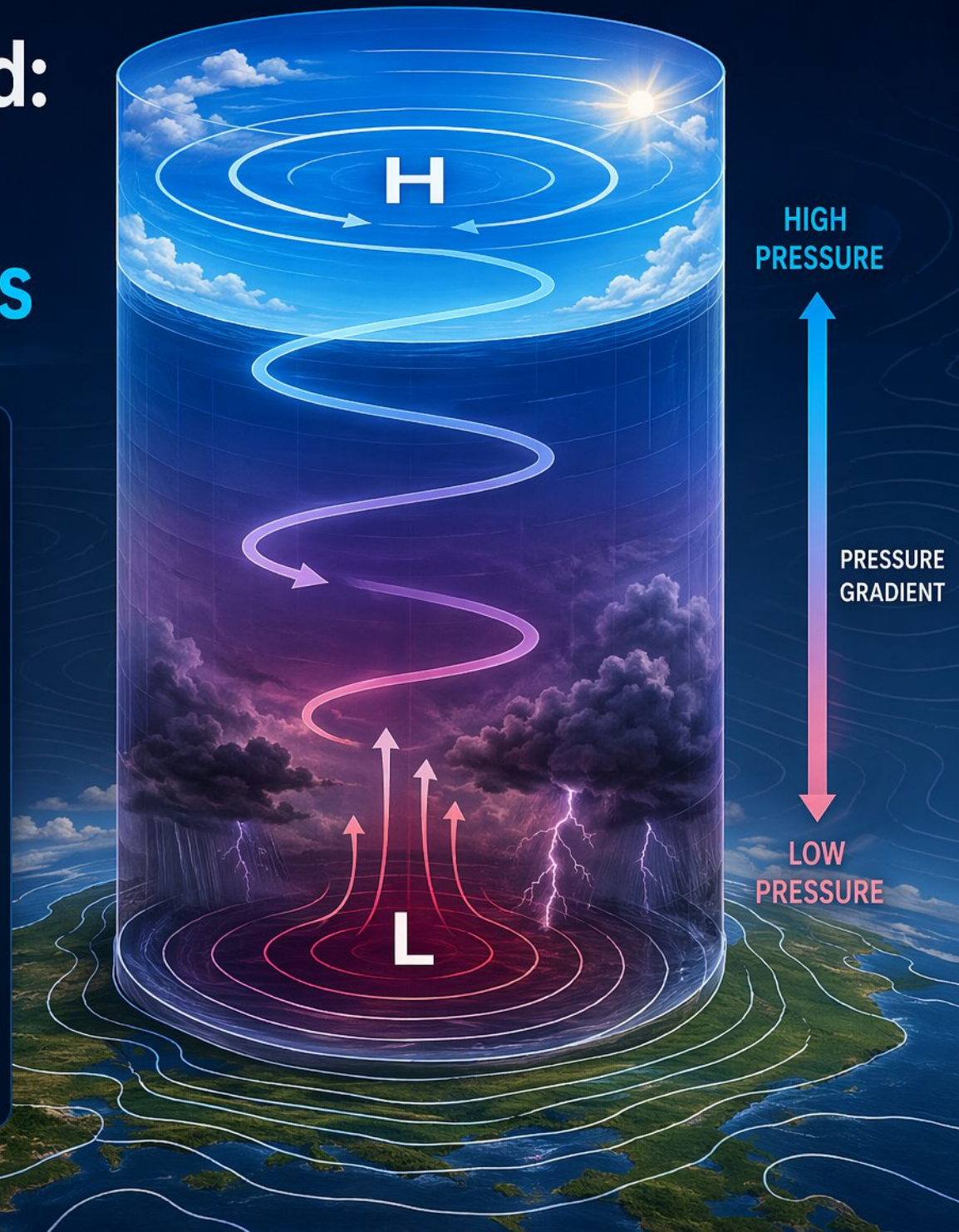
- Journey from pressure and wind to fronts, jet streams, and reading weather maps.



- Build a mental model connecting global forces to your local weather.

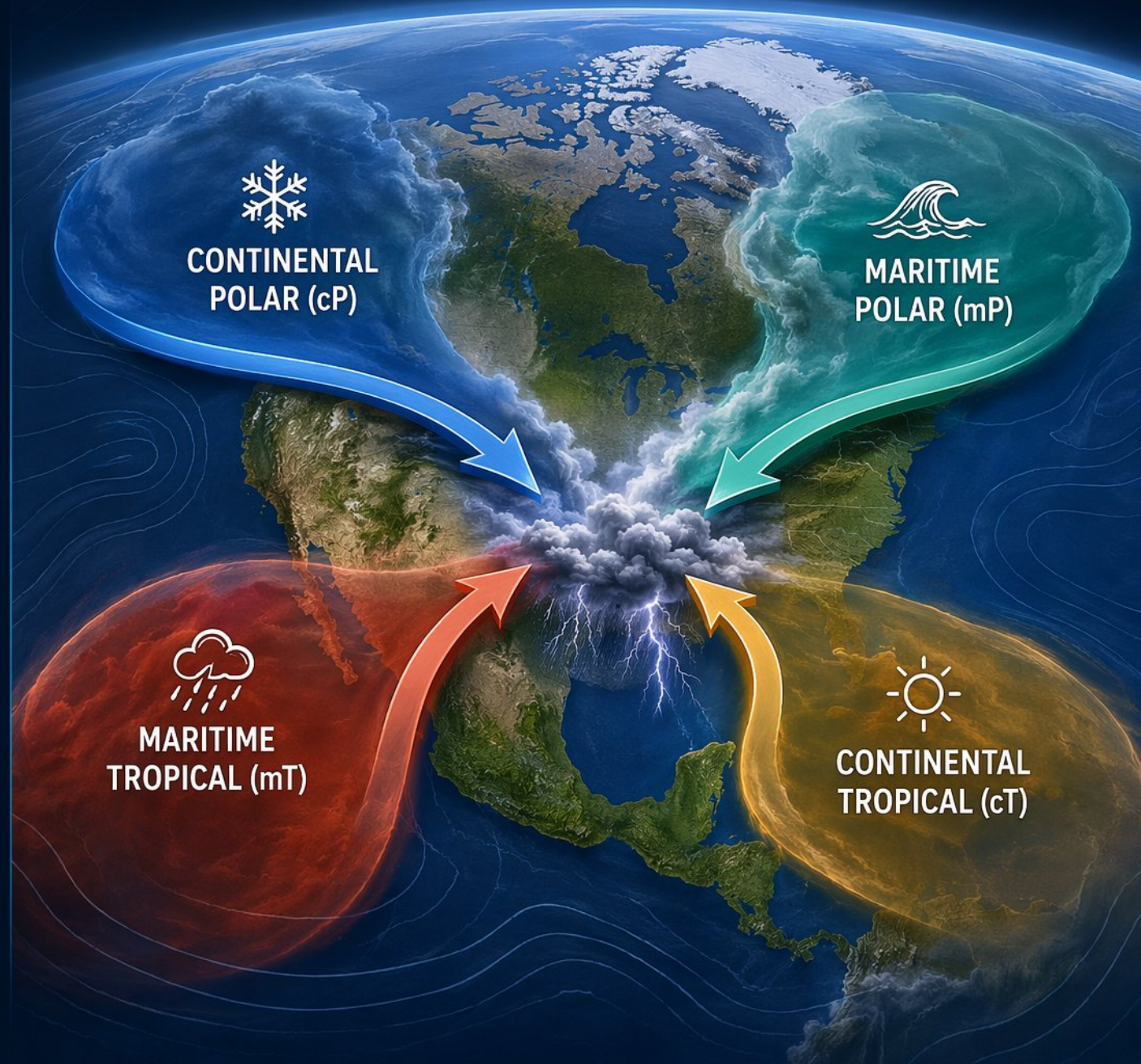
The Engine of Wind: Air Pressure and Pressure Gradients

- Atmospheric pressure is the weight of air above us, measured in millibars (mb)
- High-pressure systems: sinking air, fair skies, and calm weather
- Low-pressure systems: rising air, clouds, storms, and precipitation
- Pressure gradient force: air moves from high to low pressure, creating wind
- Tightly packed isobars = strong pressure gradient = high wind speeds

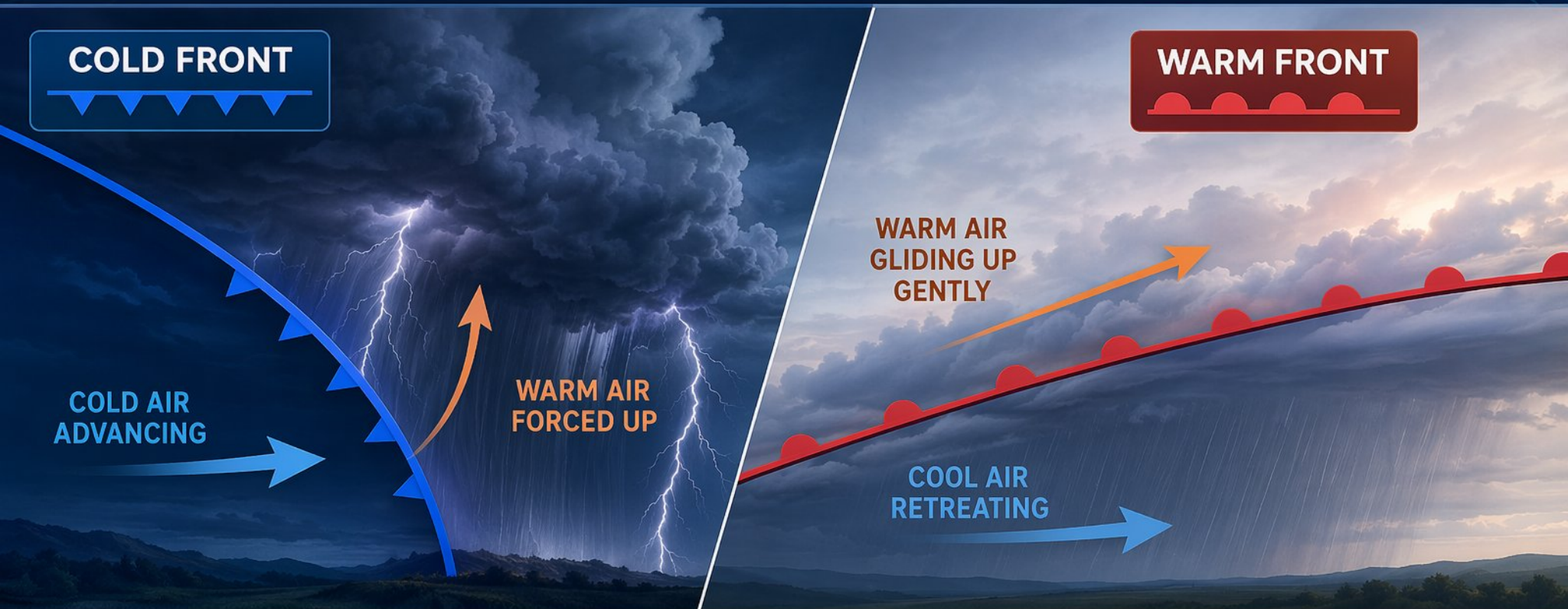


Air Masses: The Raw Ingredients of Weather

- Air mass: large body of air with uniform temperature and moisture
- Source regions (tropical, polar, maritime, continental) define properties
- Air masses acquire characteristics by staying over a region for days
- Clashing air masses are the direct cause of most active weather
- Cold air mass analogy: a dense, heavy blanket pushing lighter warm air



Fronts: Where Air Masses Collide



- Boundaries between air masses with sharp temperature, wind, and moisture changes



- Cold fronts: fast, steep; force warm air up violently causing thunderstorms, then cooler air



- Warm fronts: slow, gentle slope; produce widespread clouds and steady precipitation



- Stationary & occluded fronts: stalled or mature boundaries with mixed, prolonged weather

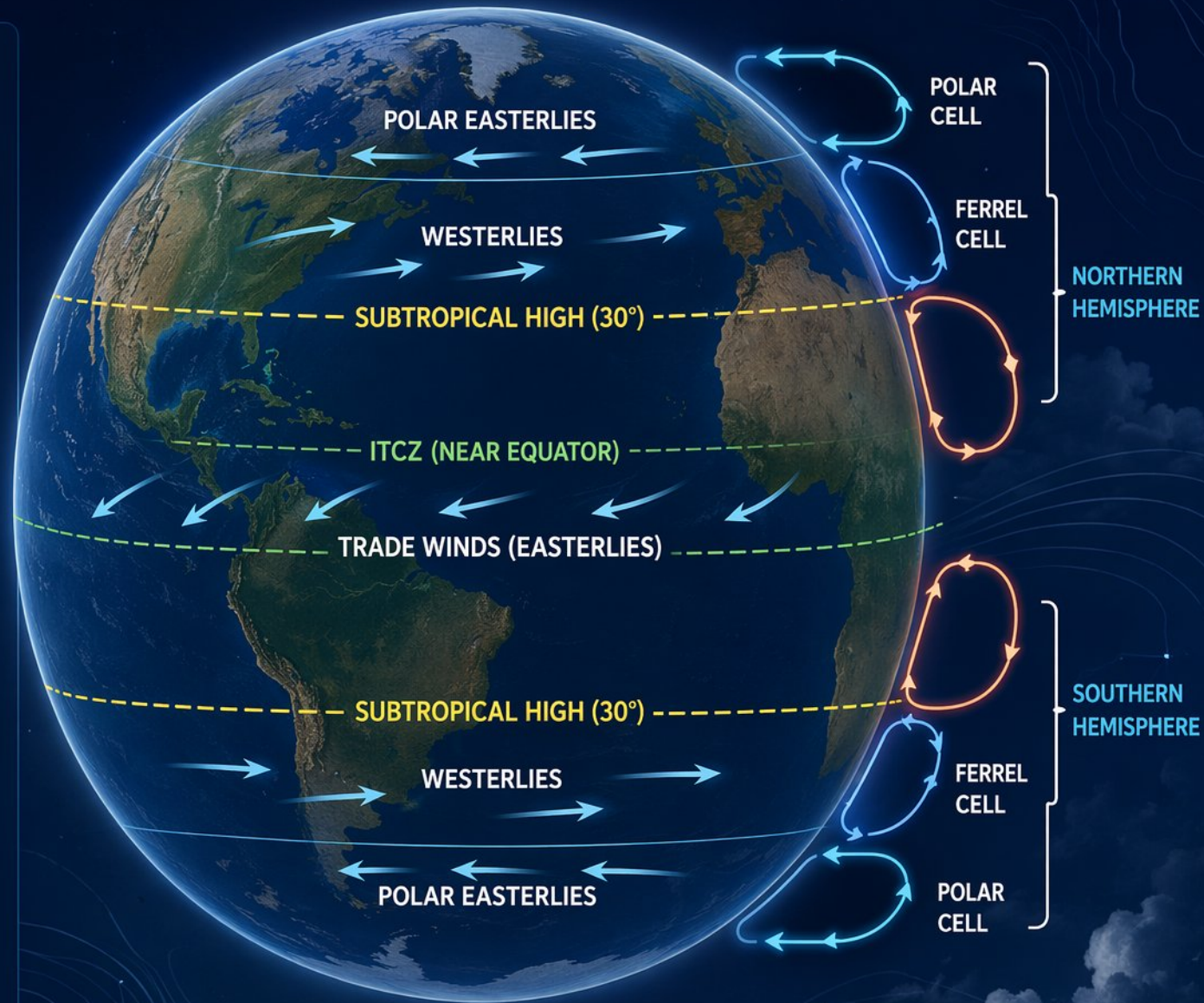
The Coriolis Effect: Why Winds Turn

- Earth's rotation deflects moving air to the right in the Northern Hemisphere
- Straight-line motion appears curved, like throwing a ball on a spinning merry-go-round
- Results in counterclockwise flow around low pressure and clockwise around high pressure
- Explains why global winds blow diagonally, not directly north-south



Global Wind Belts: The Planet's Big Weather Machine

- Three circulation cells per hemisphere: Hadley, Ferrel, and Polar
- Trade winds (easterlies) near equator, westerlies at mid-latitudes
- Polar easterlies blow cold air away from the poles
- Semi-permanent belts: subtropical highs at 30°, ITCZ near equator
- Mid-latitudes dominated by westerlies—the battleground for cyclones



The Jet Stream: A River of Air That Steers Our Weather



A narrow band of strong wind
5-7 miles high, flowing west to east



Forms at boundaries between
cold polar and warm
tropical air masses



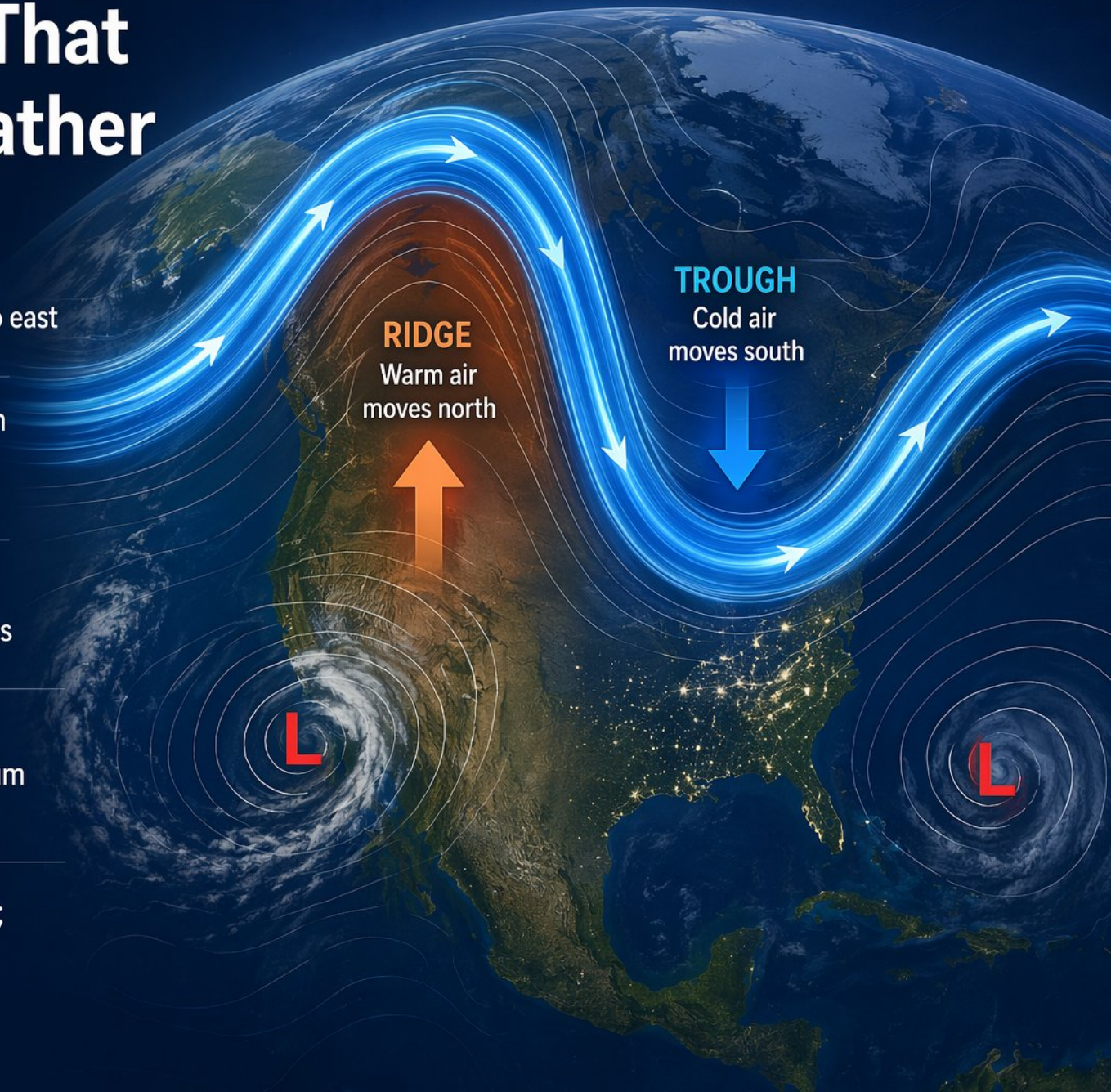
Strongest in winter due to
greater temperature contrasts



Steers surface low-pressure
systems and acts like a vacuum
cleaner to intensify storms

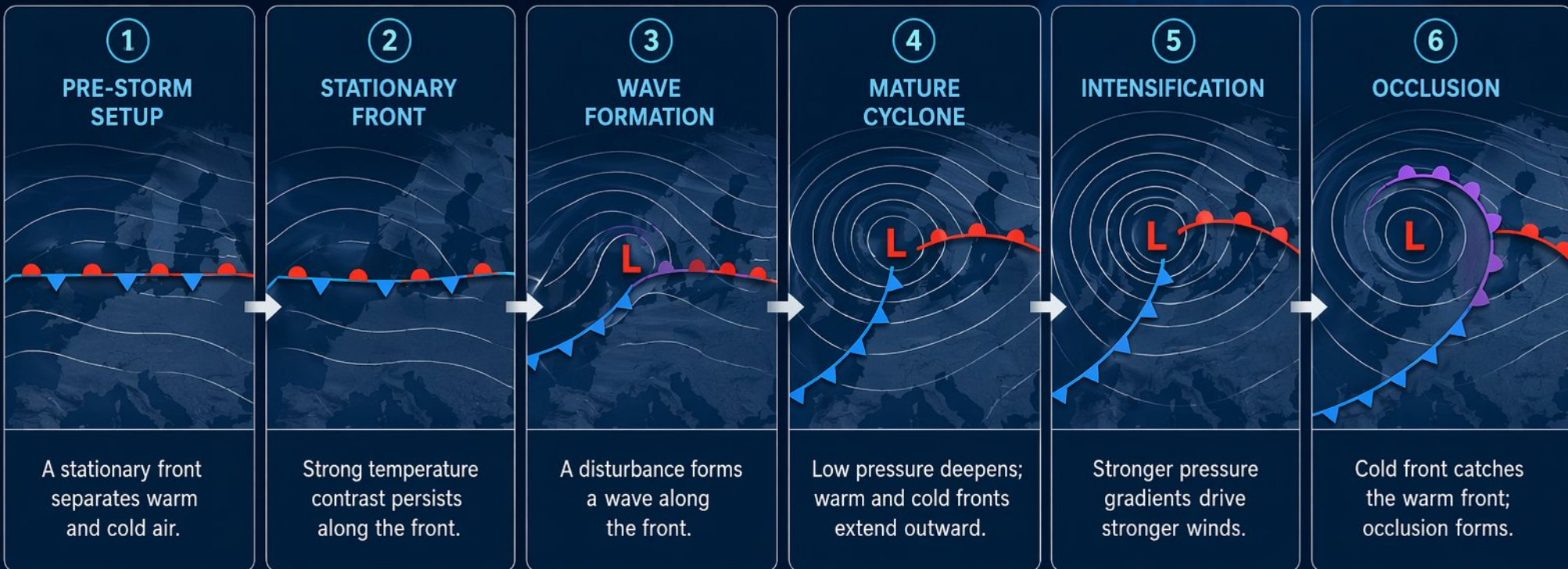


Ridges bring warm air north;
troughs bring cold air south



The Mid-Latitude Cyclone: A Perfect Storm by Design

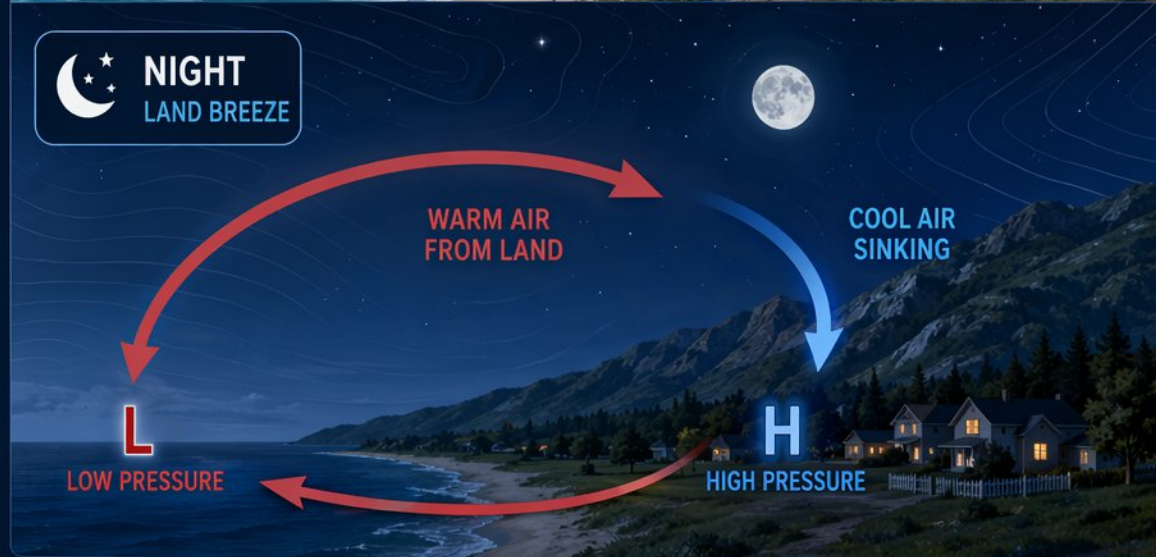
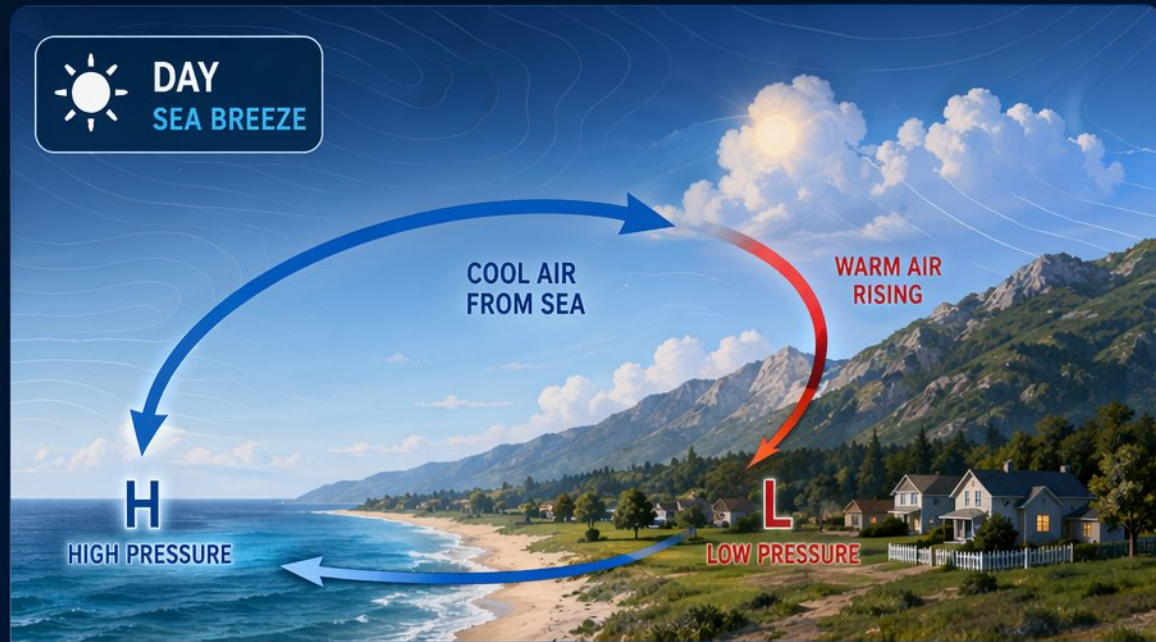
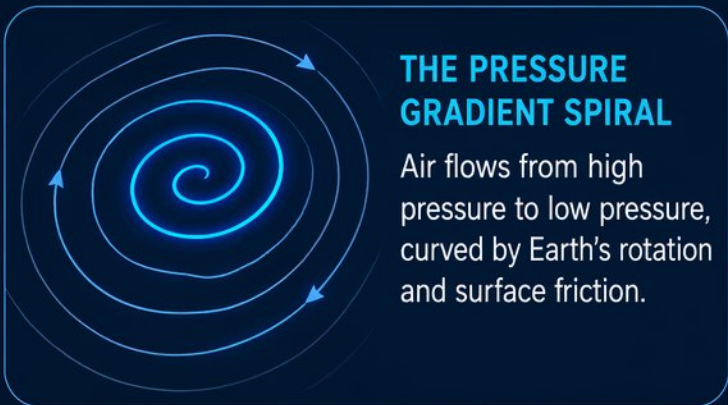
- Norwegian model: predictable life cycle of a mid-latitude low-pressure system
- Stages: stationary front → wave → mature cyclone → occlusion
- Jet stream divergence aloft removes air, fueling surface low intensification
- Integrates pressure gradients, fronts, and winds into a coherent, moving storm



DIVERGENCE ALOFT REMOVES AIR → SURFACE LOW INTENSIFIES

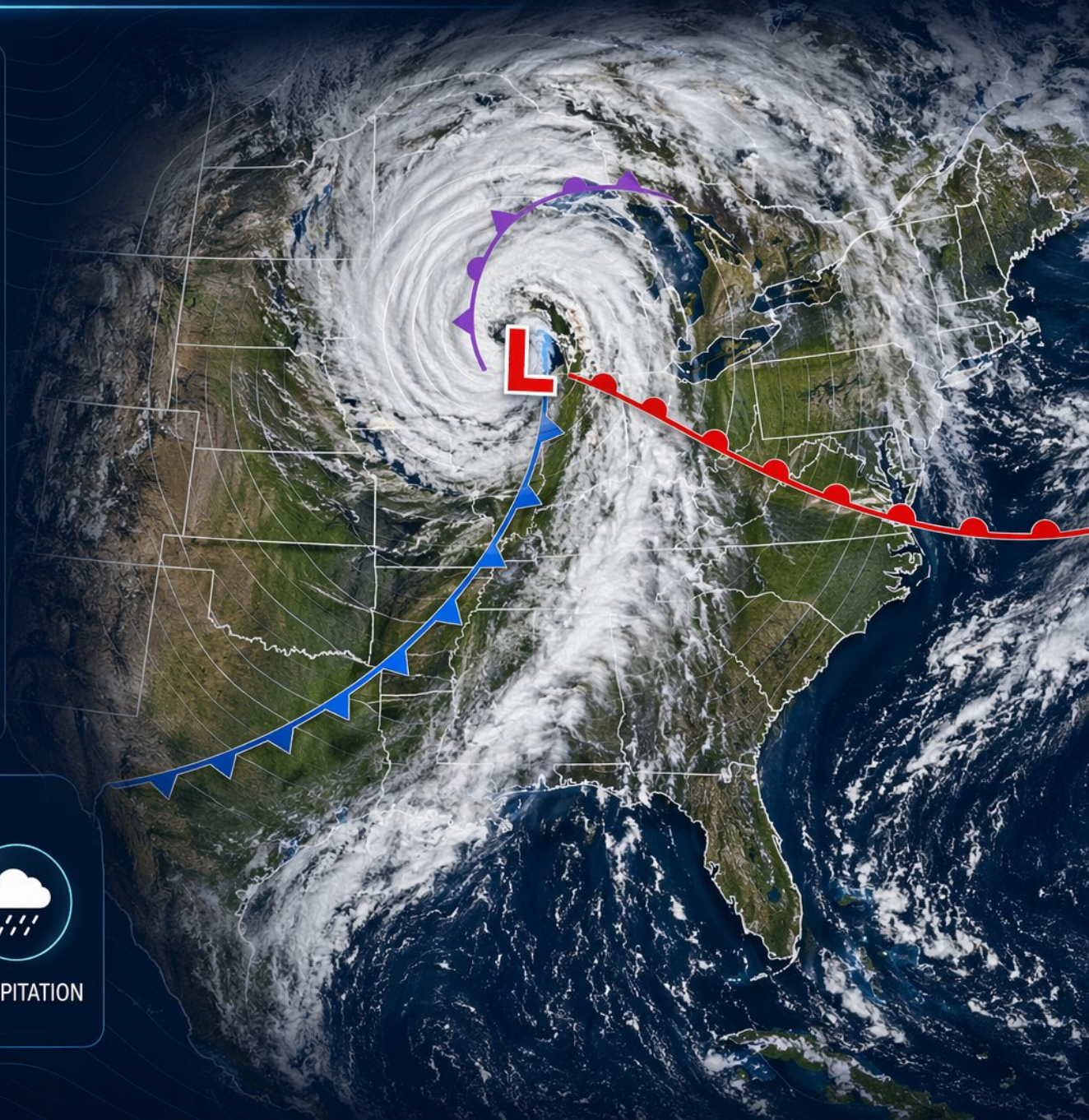
Local Winds: Sea Breezes, Mountain Flows, and Your Backyard

- Uneven land-water heating creates onshore sea breezes by day, offshore land breezes at night
- Mountain slopes: warm air rises upslope (anabatic) by day, cool air sinks downslope (katabatic) at night
- All local winds follow the same rule: air moves from high to low pressure
- Shifting wind direction near home often signals approaching fronts or larger weather changes



Linking It All Together: From Global Flow to Your Forecast

- Solar heating → pressure differences → wind → fronts → cyclones: one energy chain
- Global wind belts steer air masses; jet stream guides and intensifies surface lows
- Classic sequence: pressure drop, wind shift, front approach, precipitation
- Example: a mid-latitude cyclone crossing the U.S. marries all these pieces



THE CYCLONE LIFECYCLE



Decoding Weather Maps: Symbols, Station Models, and Isobars

- Surface maps show pressure centers: blue H for highs, red L for lows
- Isobars connect equal pressure; tight spacing means strong winds
- Station models plot temperature, dew point, pressure, wind, and sky cover
- Wind barbs: full barb = 10 kt, half barb = 5 kt, flag = 50 kt; direction from which it blows
- Front symbols: blue triangles for cold, red semicircles for warm, purple for occluded

STATION MODEL: ANATOMY

Each station model shows multiple weather elements.
Here's how to read the parts.

TEMPERATURE

Air temperature
(°F or °C)

WIND BARB

Shows wind direction
(from which it blows)
and speed

DEW POINT

Dew point temperature
(°F or °C)

PRESSURE

Sea-level pressure
(inches of mercury)

SKY COVER

Circle shows how much
of the sky is covered
by clouds

WIND BARB SPEED REFERENCE



Full barb
= 10 kt



Half barb
= 5 kt



Flag
= 50 kt

FRONT SYMBOLS REFERENCE



Cold front

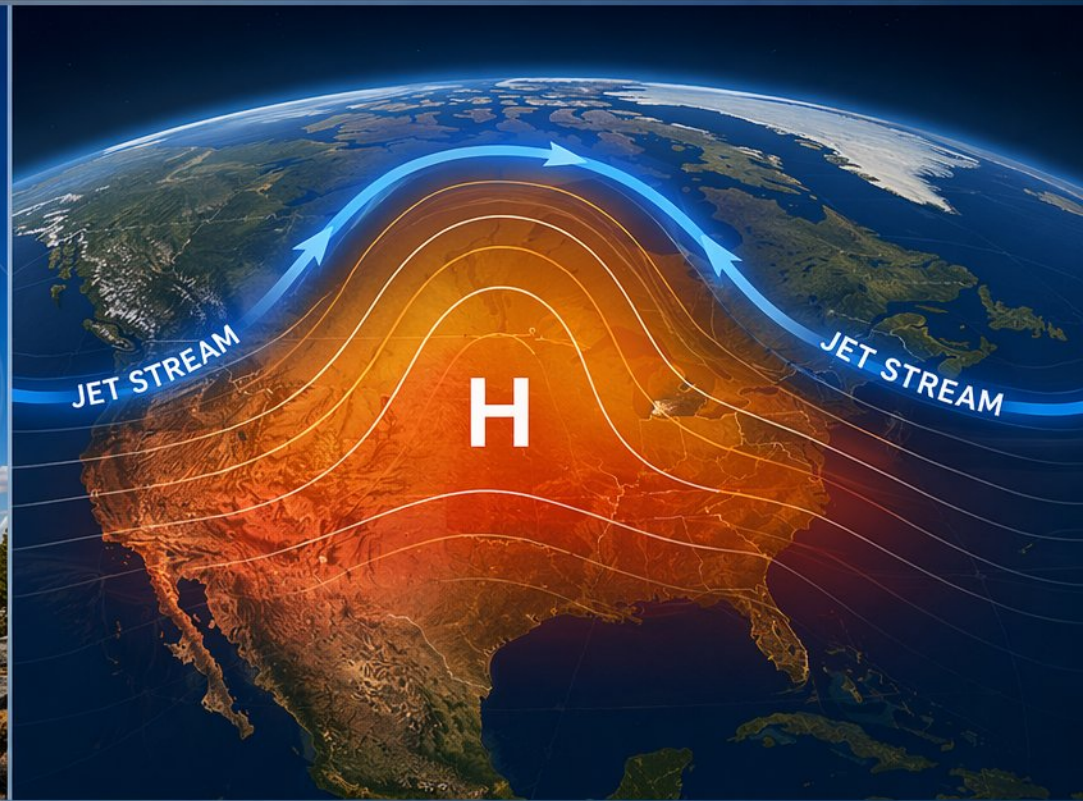
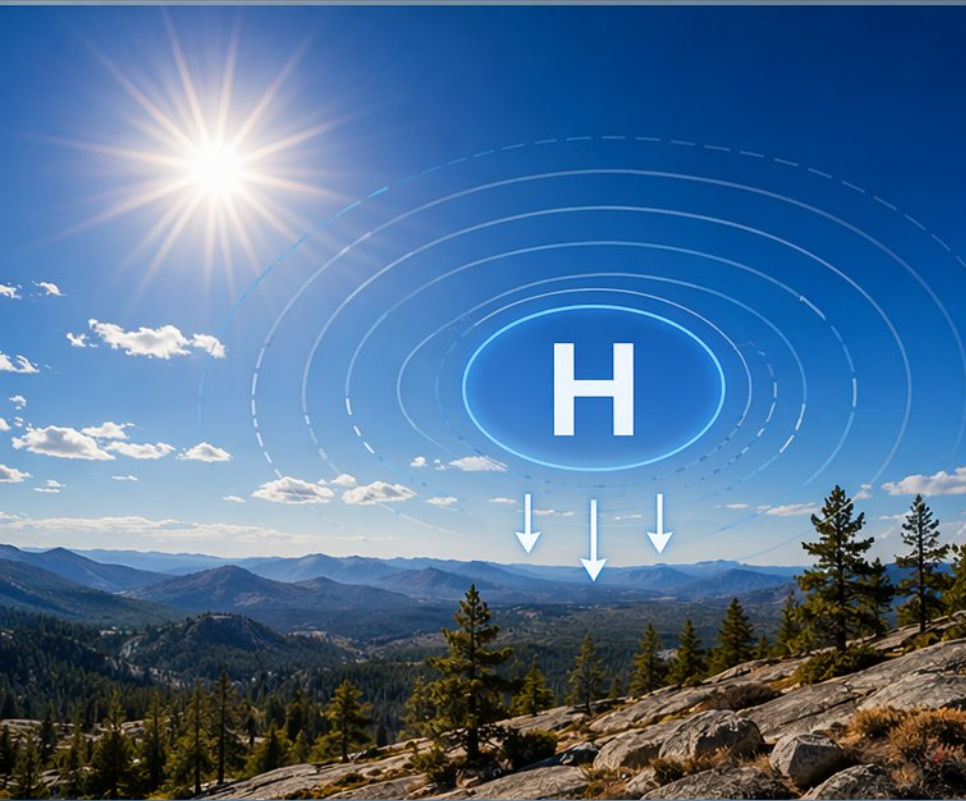


Warm front

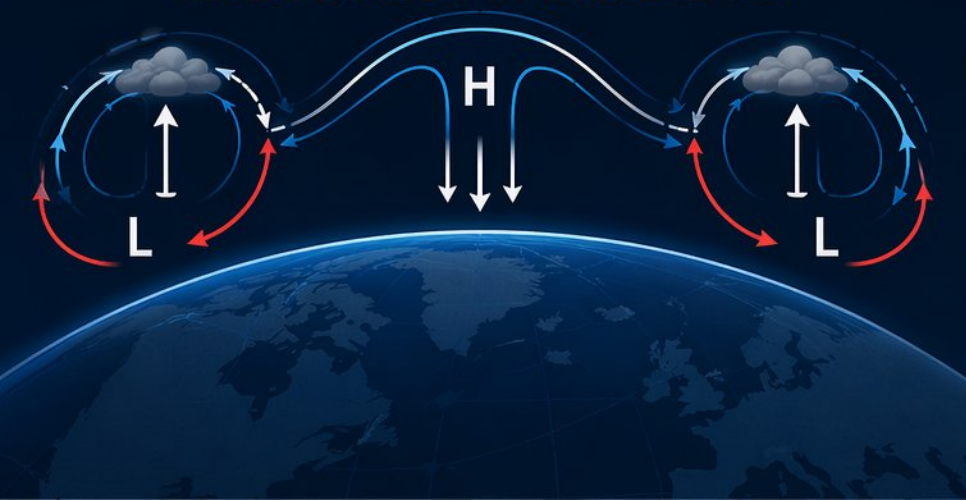


Occluded front

Fair-Weather Patterns: Highs, Ridges, and Clear Skies



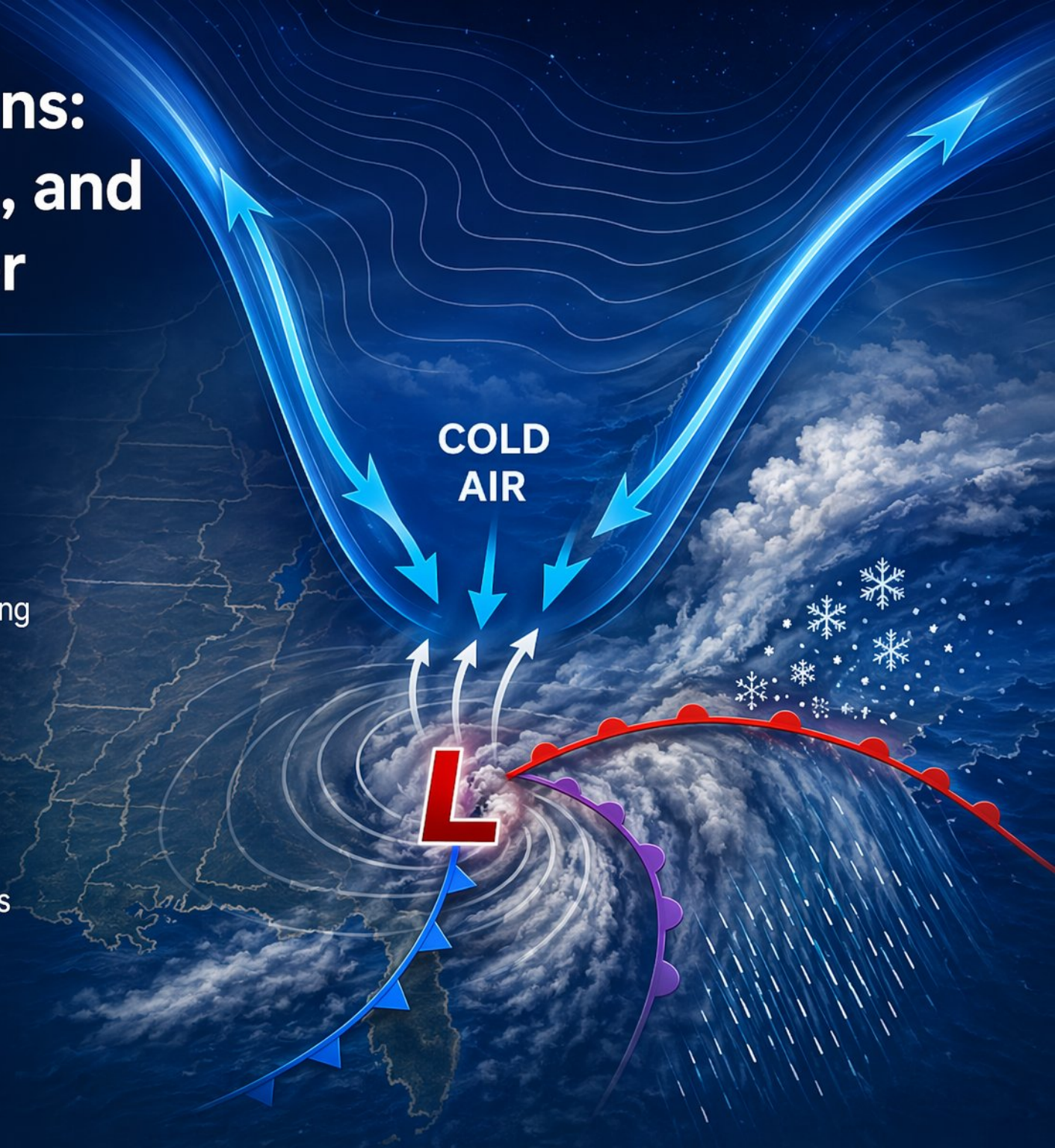
GLOBAL CIRCULATION CROSS-SECTION



- High pressure brings sinking air, clear skies, and light winds
- A persistent jet stream ridge causes heat waves and drought
- Blocking highs stall weather, leading to prolonged dry spells
- Summer highs bring heat; winter highs deliver cold, crisp days

Stormy Patterns: Lows, Troughs, and Active Weather

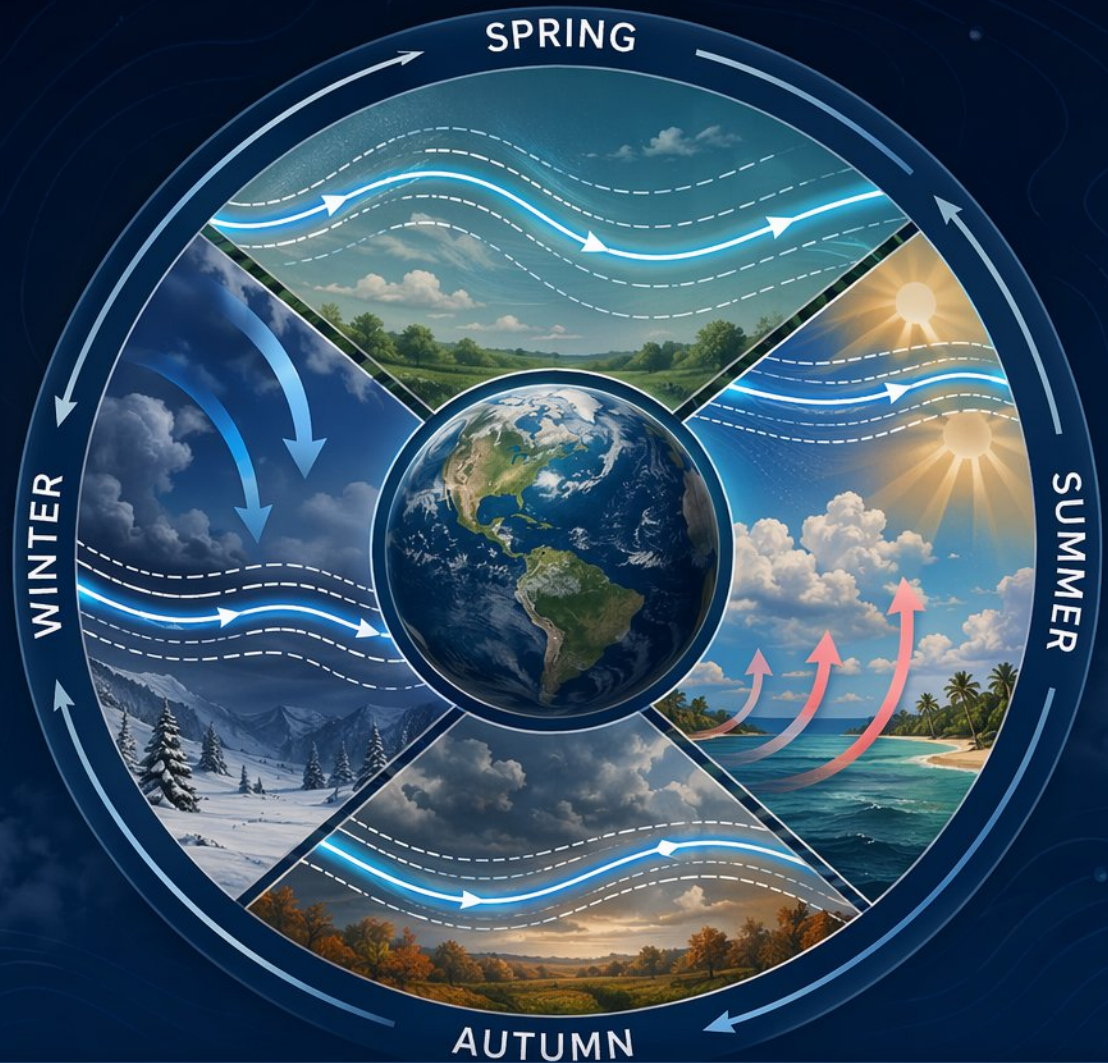
- Low pressure brings rising air, clouds, wind, and frontal precipitation
- A deep jet-stream trough pulls cold air south, spawning intense storms
- Summer setups favor thunderstorms; winter tracks bring snow and ice
- Example: East Coast storms intensify via trough–low–front–precipitation links



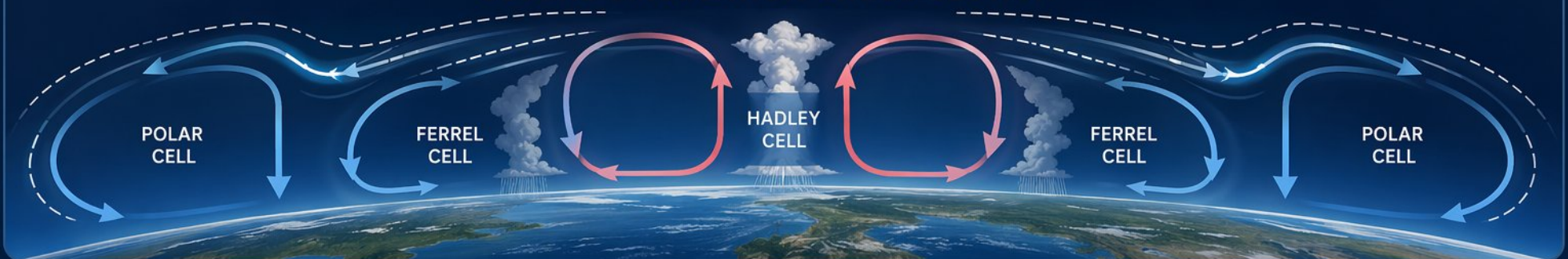
Seasonal Shifts:

Why Your Weather Changes Through the Year

- - Sun angle and day length drive seasonal temperature changes
- - Jet stream strengthens in winter, shifts poleward in summer
- - Maritime tropical air dominates summer; continental polar in winter
- - Storm tracks migrate with the jet, altering wet and dry seasons



GLOBAL CIRCULATION CROSS-SECTION



Your Daily Weather Toolkit: Observations and Simple Forecasting



1. CLOUD TYPE

High cirrus thickening to altostratus?



2. PRESSURE TREND

Is pressure falling or trend downward?



3. WIND SHIFT

Are winds backing from SE to E to NE?



FORECAST

Likely approaching warm front.



- Track pressure trends: falling pressure signals an approaching low or front



- Observe wind direction: backing winds (SE to E to NE) suggest a nearby warm front



- Watch cloud types: high cirrus thickening to altostratus often precede warm fronts



- Use "Red sky at morning, sailors take warning": sunlight illuminates incoming clouds

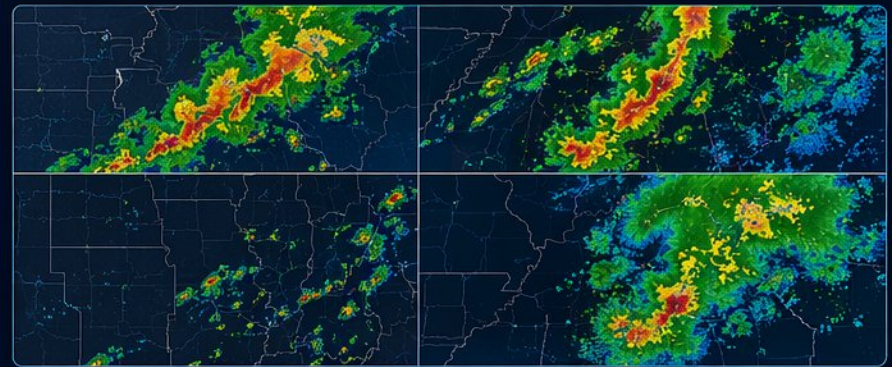
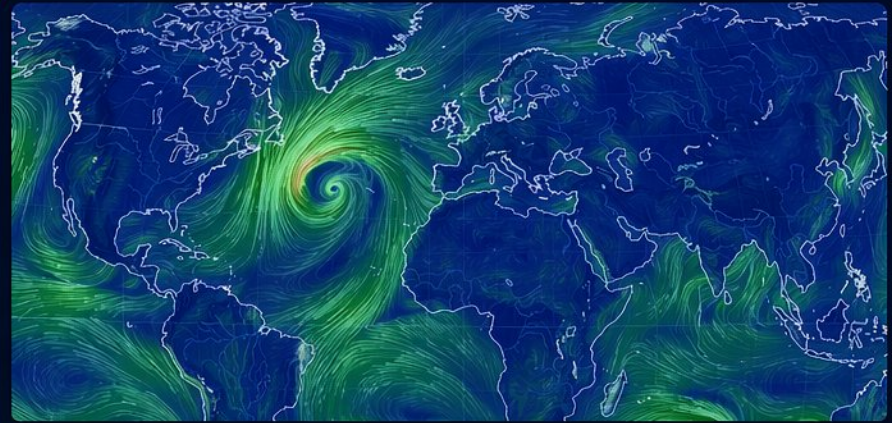


- Build intuition through consistent observation and pattern recognition

Go Further:

Free Tools and Resources to Stay Weather-Wise

- NOAA's WPC for official surface analysis maps and forecasts
- Ventusky and earth.nullschool.net for stunning global wind and pressure visualization
- Zoom Earth for live satellite tracking and hurricane maps
- SparkRadar for advanced, ad-free radar with quad-split views
- Follow local NWS offices and join storm spotter training



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